



Contact the PCA Program today to learn more.

PCA Program  
2nd Floor  
600 Technology Center Dr.  
Stoughton, MA 02072

Toll-Free Number: 800.924.7570  
Dial 3 to speak with a  
PCA Program Representative

Fax: 877.867.1890

[www.tempusunlimited.org](http://www.tempusunlimited.org)



### Programs and Services

For more than 60 years, Tempus Unlimited (formerly Cerebral Palsy of Massachusetts) has provided services that help children and adults with disabilities experience independence.

• **Personal Care Attendant Program:**

-Fiscal Intermediary: 877-479-7577 Fax: 800-359-2884

Fiscal agent for consumer employers who have authorization for the MassHealth Personal Care Attendant (PCA) program or for those using the consumer directed programs.

-Personal Care Management: 800-924-7570 #3

Fax: 877-867-1890 – Program that teaches and evaluates people on how to access the MassHealth PCA Program.

• **Adult Foster Care:** 800-924-7570 #4 Fax: 978-313-6664

Program that teaches and supports a caregiver and member in their home. MassHealth AFC includes psychosocial and nursing support in the home.

• **Supported Living:** 800-924-7570 #4 Fax: 978-313-6444

Program when Case Coordinators support people in their community to access services that provide care in their home to maximize independent living.

• **Employment:** 800-924-7570 #7 Fax: 978-313-8345

-Program that provides all support needed for Competitive Employment. Services can include vocational assessment, job readiness training, job placement, and on/off the job support as needed.

-Program that facilitates career development and work based learning for youth in transition.

• **Resources:** 800-924-7570 #5 Fax: 978-313-6664

Information and referral services for all in the community.

• **Social, Recreation, Therapeutic, and Transportation:**

800-924-7570 Fax: 978-313-6664

Offering community based experiences to those who may otherwise not have access or resources. Specialized transportation for Supported Living and Employment program participants.

• **Tempus Unlimited Adult Class:**

Offering social and recreational programs to adults with disabilities in our community.

**For more information, please call**

**800.924.7570 or visit us at**

**[www.tempusunlimited.org](http://www.tempusunlimited.org)**



## Personal Care Management Services

Consultation & Evaluation  
for your PCA Program  
Serving all of Massachusetts



[www.tempusunlimited.org](http://www.tempusunlimited.org)

## Independence

Since 1987, the PCA program has been helping people with disabilities across Massachusetts to live more independent lives.

A program of Tempus Unlimited, Inc. (formerly CPMA) funded by MassHealth, the Community Services PCA program provides Skills Training and Functional Evaluation with consumers applying for or participating in the Personal Care Attendant (PCA) program. PCAs offer physical assistance to people with disabilities living in the community.

From bathing to grooming to dressing and helping with medications, PCAs give consumers the help they need to remain in their own home, or even move from a restrictive living situation to a more independent one.

## Is the PCA program for you?

Participation in the PCA program is available to consumers who:

- Have MassHealth standard or CommonHealth
- Live or plan to live in the community
- Have a physician's referral to receive PCA services
- Have a permanent or chronic physical or developmental disability
- Need physical help with two or more activities of daily living, such as bathing, dressing, toileting, eating, mobility, passive range of motion exercises or taking medications
- Have the ability, with training, to manage their PCAs or have someone who will act as a surrogate

## Support

Through the Tempus PCA program, your PCA can help you with tasks such as:

- **Mobility:** including transferring, walking, or help using prescribed medical equipment
- **Medications:** help taking medications prescribed by a physician
- **Passive Range of Motion:** help with completing prescribed passive range of motion exercises
- **Bathing and Grooming:** help with personal hygiene and grooming
- **Toileting:** help with bowel and bladder needs
- **Dressing:** help with dressing and undressing
- **Eating:** help with eating, including assistance with tube feeding and special nutritional or dietary needs
- **Household Services:** meal preparation, housekeeping, laundry, shopping, and other special needs approved by MassHealth

The Tempus Unlimited, Inc. PCA program has staff who speak a number of languages, including Spanish, Arabic, Portuguese, Cape Verdean-Creole, Haitian-Creole, Chinese, and Russian.

## Consumer Direction

As the employer of your personal care attendant, you will recruit, hire, fire and train your own PCAs. A PCA may be a family member except the spouse of the consumer, the parent of a minor consumer including an adoptive parent, any legally responsible relative/guardian or a surrogate.

To help you learn to manage the PCA program, a Skills Trainer will train you and/or your surrogate to recruit, check references, hire, train and supervise your PCAs.

## Supported Living Program

For individuals in need of additional assistance, Tempus Unlimited, Inc. Services offers the Supported Living Program.

Following approval from a state agency such as the Mass Rehabilitation Commission or the Department of Developmental Services, a Case Coordinator will meet regularly with each consumer to help with such tasks as finding accessible, affordable housing; hiring and managing PCAs; paying bills; coordinating transportation; and arranging therapy or medical care.

## A Trusted Partner – Tempus Unlimited, Inc. Fiscal Intermediary (FI)

For more than 60 years, Tempus Unlimited, Inc., (formerly CPMA) has provided services to help children and adults with disabilities to live as independently as possible.

Our strong history of non-profit excellence led the state to name Tempus Unlimited, Inc. a Fiscal Intermediary - a program that can help you with payroll tasks such as preparing your PCA's checks and other employer requirements.

Working with the Personal Care Management (PCM) agency, Senior Care Options (SCO), One Care, or Consumer Directed Care (CDC) agency, Tempus Unlimited, Inc. will manage your employer tasks so that you can focus on receiving the assistance you are approved for.

