

Adult Foster Care Overview

Adult Foster Care is a MassHealth funded program that provides in home support to qualified individuals. Eligible individuals must be 16 years of age or older who need assistance with activities of daily living provided by a live-in caregiver. AFC members may stay alone up to three hours a day. Eligibility requires that the member has a medical or cognitive condition requiring assistance. Support may include:

- Active supervision and/or assistance to ensure the member's health and well-being.
- Physical assistance with bathing, dressing, toileting, mobility or eating.
- Medication reminders, scheduling and provision of transportation to appointments.

Caregivers

AFC caregivers are thoroughly pre-screened and qualified as a family member or a nonrelated individual. Caregivers must be at least 18 years of age and determined to be responsible and capable of making precise decisions. In addition to active supervision and assistance, the caregiver will monitor and report any changes in the member's health or well-being to the AFC program staff and submit all required documentation. The member and caregiver reside in an environment that meets qualified setting guidelines.

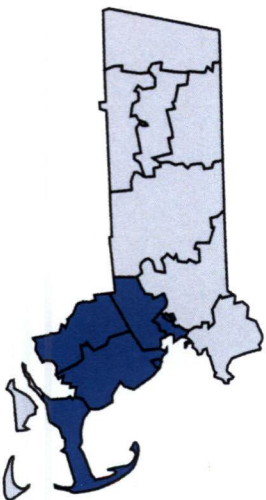
Through the Adult Foster Care Program, qualified caregivers are paid a MassHealth tax-free stipend. The AFC member may pay room and board determined on an individualized basis.

Adult Foster Care Team Services

The AFC staff provides support, training and coaching to AFC members and caregivers.

Multi-disciplinary team services include:

- Psycho-social or other applicable member assessments
- Plan of care to identify all goals and objectives to maximize care
- Nursing and care management support
- Individualized training and support
- Monthly in home visits by RN and Care Manager
- Information about community resources and other local programs
- 24 hour on call system



AFC Members

An individual may qualify for Adult Foster Care if he/she meets the following criteria:

- Has MassHealth for medical insurance
- Is at least 16 years old
- Requires assistance to complete Activities of Daily Living (ADLs)
- Requires supervision at least 21 hours daily
- Has a medical condition or cognitive impairment that requires hands-on assistance or active supervision and coaching to successfully complete at least one of the following activities:

Bathing Dressing Toileting
Transferring Mobility Eating

AFC is a medical service that must be prescribed by the member's PCP office.





**TEMPUS
UNLIMITED, INC.**
Opportunities for Independence
formerly Cerebral Palsy of Massachusetts, Inc.

Programs and Services

For more than 60 years, Tempus Unlimited (formerly Cerebral Palsy of Massachusetts) has provided services that help children and adults with disabilities experience independence.

● **Personal Care Attendant Program:**

-**Fiscal Intermediary:** 877-479-7577 Fax: 800-359-2884
Fiscal agent for consumer employers who have authorization for the MassHealth Personal Care Attendant (PCA) program or for those using the consumer directed programs.

● **Personal Care Management:** 800-924-7570 #3

Fax: 877-867-1890 – Program that teaches and evaluates people on how to access the MassHealth PCA Program.

● **Adult Foster Care:** 800-924-7570 #4 Fax: 978-313-6664

Program that teaches and supports a caregiver and member in their home. MassHealth AFC includes psychosocial and nursing support in the home.

● **Supported Living:** 800-924-7570 #4 Fax: 978-313-6444

Program when Case Coordinators support people in their community to access services that provide care in their home to maximize independent living.

● **Employment:** 800-924-7570 #7 Fax: 978-313-8345

-Program that provides all support needed for Competitive Employment. Services can include vocational assessment, job readiness training, job placement, and on/off the job support as needed.

-Program that facilitates career development and work based learning for youth in transition.

● **Resources:** 800-924-7570 #5 Fax: 978-313-6664

Information and referral services for all in the community.

● **Social, Recreation, Therapeutic, and Transportation:**

800-924-7570 Fax: 978-313-6664

Offering community based experiences to those who may otherwise not have access or resources. Specialized transportation for Supported Living and Employment program participants.

● **Tempus Unlimited Adult Class:**

Offering social and recreational programs to adults with disabilities in our community.

For more information, please call

800.924.7570 or visit us at

www.TempusUnlimited.com



**Contact the
Adult Foster Care Program
today to learn more.**

AFC 2nd Floor
600 Technology Center Dr.
Stoughton, MA 02072

Toll-Free Number: 800.924.7570
Dial 4 to speak with the AFC
Program Assistant

Fax: 978.313.6664

www.tempusunlimited.com



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