

Introducing Your New Member Platform



The member platform is your **digital hub to access all your Employee Assistance Program services** in one place – anytime, anywhere.

Emotional support

Self-schedule with Master's-level clinicians based on your needs and preferences

Legal & financial support

Access expert legal & financial help for everyday challenges and major life events

Self-guided tools

Explore cCBT modules, meditation modules, micro-training modules, and more

Coaching support

Text-based coaching for personal or professional development

Daily living support

Get personalized resources to save time and support work-life balance

"Perks At Work"

Discounts and preferred pricing from major brands available exclusively to CMG members



Get Support

Access Line (United States): 888-389-6040

Log onto the member portal: myeap.io/go/PCA