In honor of International Men's Day (November 19)

CMG Associates

Finding Your Values: A Guided Exercise for Dads

What does it mean to lead with your whole self? Explore a guided experience that invites men and dads to pause, reflect on the values that matter most, and explore simple mindful practices for showing up with authenticity, courage, and connection—at home, at work, and beyond.



Available on the member platform starting **November 17**

myeap.io/go/PCA